

Oral Supplements 7/13/06

Product Name	Ensure® (bottles)	Ensure® Plus	Glucerna® Shake	Enlive!®	Boost Pudding	Nepro®	Pulmocare®	Prosure Shake	Other Product
Indications for Use	Can be interim sole-source feeding	Fluid-restricted or volume-limited patients; interim sole-source feeding	Diabetes or impaired glucose tolerance	Clear-liquid, bowel-prep, fat restricted, or pre- or post-op diets	Swallowing impairments, fluid-restricted or volume-limited diets	Can be sole source; renal failure requiring dialysis	High Cal- low CHO. COPD, cystic fibrosis, respiratory failure; appropriate for ambulatory & ventilator-dependent	Promote wt gain & bulding lean body mass in pts with tumor induced wt loss	
Cal/mL	1.06	1.5	0.93	1.25	240 Cal/4 oz	2.0	1.5	1.27	
Volume fo 100% DVs	1000	1400	NA	NA	NA	1900	1420	Not complete	
Osmolality	600	632	530	840	NA	665	475	600	
Protein (g)	9	13	9.9	10	7	16.7	14.8	17	
Fat (g)	6	11	8.6	0	9	22.7	22.1	7	
Carbohydrate (g)	40.0	50	29.3	65	33	52.8	25.0	44	
Fiber (g)	–	–	2.8	–	0	3.7	–	3	
Potassium (mg)	370	420	370	40	250	250	465	10	
Sodium (mg)	200	240	210	60	125	200	310	16	
Phosphorus (mg)	250	300	250	20		165	250	16	
Water (g)	196	180	200	192	93	166	186	188	
Serving size	8 oz	8 oz	8 oz	8.1 oz	4 oz	8 oz	8 oz	8 oz	
Flavors	Vanilla, Chocolate, Strawberries & Cream	Vanilla, Chocolate, Butter Pecan, Coffee Latte, Strawberries & Cream	Vanilla, Chocolate, Butter Pecan, Strawberry	Apple, Peach	Vanilla, Chocolate, Butterscotch	Vanilla, Cherry, Butter Pecan	Vanilla, Strawberry	Vanilla, banana, chocolate	